

## Things to consider ahead of your video essay:

- Relax and be yourself—let your personality shine! The goal of our video essay is to get to know you better.
- Utilize the practice questions and time to get comfortable with the technology.
- Conduct your video essay in a quiet and comfortable space—lessen any distractions.
- Consider your appearance. While we want this to be a lighthearted experience, we're also looking to see how you will fare in a professional school and future career setting.
- While we are interested in getting to know you, a focused response to the question asked is important.

## Technical Requirements & Troubleshooting

- **Important:** A secure internet connection, and a computer with a webcam and microphone, is necessary to complete the video essay. **Note: you will be unable to complete your video essay from your mobile device.**
- You will need to use either Google Chrome or Mozilla Firefox.
- You will need to allow access to your microphone and camera; you will be prompted when you begin testing.
- You will need to ensure pop-up blockers are turned off in order to record second and/or third attempts.

## Reminders:

- You have three attempts to record your video essay—each attempt will present a different question.
- You have 30 seconds to prepare your answer.
- You have up to 90 seconds to respond.
- After three attempts, your video will automatically submit and you will **not** have the option to retract it. **Note:** All recording attempts must occur in the same session—once you exit the session by leaving the video essay page, you forfeit any remaining attempts. For example, you cannot record two of your three attempts and log back in the following day to record the third.

Your video essay link will appear in your checklist on your applicant portal after submitting your application and paying your application fee.

## Instructions for recording your video essay:

- To begin, press the red [Start Test] button. You will start by testing your equipment (video and sound) with a ten-second practice session.
- Once you have thoroughly tested your equipment and acknowledge that it is working, you will be prompted to record your video essay.
- The system will display a question for you to answer. You will have 30 seconds to collect your thoughts and prepare your answer. A visual timer countdown will appear on the screen.
- You will have up to 90 seconds to respond with your answer to the video essay. You may use the entire 90 seconds or stop the recording when you have sufficiently answered the question. A visual timer countdown will appear on the screen.
- Once your recording has stopped, you may review it. If you are satisfied with your video essay recording, you may submit it. If you would like to record the video essay again, you will have the opportunity to do so.
- The system will allow you three chances to record your video essay. Each time you redo the video essay, you will be given a different question and you will forfeit your previous recording. You will be asked to confirm its deletion before attempting a new recording. **After three attempts at recording, you will not be given the opportunity to record again. Your final video will automatically be submitted and you will not have the option to retract your submission.**
- You will see a message that reads “We have successfully received your video submission” after you have recorded your video essay.

## Testing – Applicant View:

Begin by clicking on the Video Essay link in your check list on the applicant status portal. You will see a screen like this: (*Note, you will need to give your browser access to your camera and microphone in order to see this screen.*)

You have to conduct a test before beginning the video essay.

### Video Essay (TESTING MODE)

#### Instructions:

- To begin the recording process, click "Ready".
- The question or prompt will then appear, and you will have 10 seconds to prepare a response before recording automatically begins. To begin recording earlier, click the "Start Recording".
- Once recording has begun, you will have 10 seconds before the recording automatically stops. You may choose to stop the recording early (by clicking the "Stop Recording" button), or you may allow it to stop automatically at the end of the allotted time.
- Since this is a test recording, you will have only 10 seconds to prepare and 10 seconds to complete the test recording.
- If you are not ready to begin testing, you can [return to the application](#).



Ready

**Important note:** If the "Ready" button does not appear, it means you have not given the browser access to your camera and microphone. You'll need to grant that access in order to record the video essay.

When you're ready to record, click "Ready" and then "Start Recording" (or it will automatically begin after the countdown below the screen):

### Video Essay (TESTING MODE)

Pretend that we just asked you an existential question.

When you are no longer testing, the real question or prompt will appear here. (You will also have more than 10 seconds to respond.)

For now, you may record whatever you would like as a test response. This recording will not be saved beyond the testing phase and will never be reviewed.



Recording in 4s...

Start Recording

When you're finished testing, hit "Stop Recording."

### Video Essay (TESTING MODE)

Pretend that we just asked you an existential question.

When you are no longer testing, the real question or prompt will appear here. (You will also have more than 10 seconds to respond.)

For now, you may record whatever you would like as a test response. This recording will not be saved beyond the testing phase and will never be reviewed.



Stop Recording

Recording... 7s remaining...

You will then be able to review your test recording.

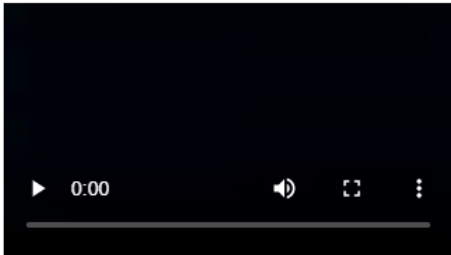
Note: You are responsible for ensuring you can **see** and **hear** yourself during the test to prepare for the actual video essay recording. The screen shots provided here are for instructional purposes only—you *should be able to see yourself in the recording instead of a black rectangle*. If you cannot, please check all your technical specifications (including that you granted access to your camera) and restart the test. You are able to start the test over if needed. Test as many times as you need to feel comfortable before recording your video essay.

Once you feel comfortable, you will be required to check the acknowledgement statement and then click the green "Ready" button.

### Video Essay (TESTING MODE)

We have received your test video submission. Please review it to ensure that the audio and video play properly.

If you need to re-test, you may [start over](#).



If you are ready to proceed, please review the requirements below, click the acknowledgement, and then click Ready:

- You can play any welcome videos.
- You can hear the audio.
- You can record a test video.
- You can playback your test video, with video and audio captured successfully.

I acknowledge that I have tested this process and am ready to start recording.

**Ready**

You will then leave TESTING MODE and see recording instructions (see next section).


# Video Essay: Recording

**Note:** The box at the top of the screen is no longer red and does not include “TESTING MODE.” This is the actual video essay. There are instructions to guide you through the process.

Video Essay

**Instructions:**

- To begin the recording process, click “Ready”.
- The question or prompt will then appear, and you will have 30 seconds to prepare a response before recording automatically begins. To begin recording earlier, click the “Start Recording”.
- Once recording has begun, you will have 90 seconds before the recording automatically stops. You may choose to stop the recording early (by clicking the “Stop Recording” button), or you may allow it to stop automatically at the end of the allotted time.




**Ready**      Microphone input detected.

Once you hit “Ready” you will be shown the question. You will have 30 seconds to read and prepare a response. You may begin the recording earlier if you choose.

Video Essay

Tell me about an experience in which you learned something new when interacting with someone from a different culture. What happened?



Recording in 28s...      **Start Recording**

When you are done, click “Stop Recording.” The time limit for the response is 90 seconds, so if you use the full time, the recording will stop automatically when time has run out.

### Video Essay

Tell me about an experience in which you learned something new when interacting with someone from a different culture. What happened?



Stop Recording

Recording... 88s remaining...

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You will have the opportunity to review the essay once completed—if you are not happy with your first attempt, you may opt for a second and/or third attempt.

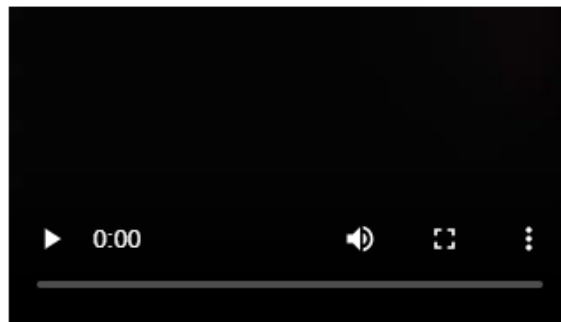
## Video Essay: Recording Second/Third Attempts

**\*\*Important Reminder:** If you opt for additional attempts, the previous version(s) of the video will be deleted. You will be given a new question to answer each time. If you have any attempts remaining, you will see a screen similar to the one below which will have a link to start over and record a new video.

To record a second attempt, click the “start over” link.

# VIDEO ESSAY

We have successfully received your video submission.

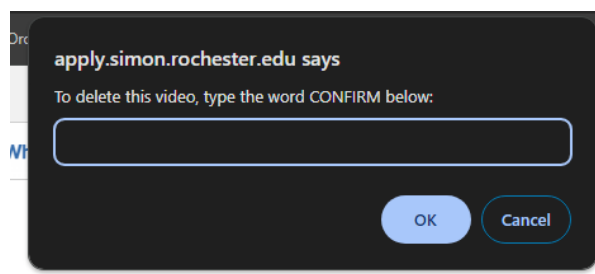


You have 2 recording attempt(s) remaining. If absolutely necessary, you may [start over](#)



Continue

At this point, you will be prompted to confirm that you would like to delete the existing recording so that you may record a new one. Type CONFIRM in the box to confirm that you want to delete your recording. (Note: If you click “start over” and nothing happens, you will need to remove your popup blocker.)



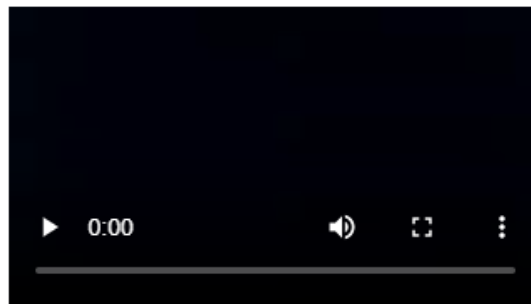
You will return to Video Essay (TESTING MODE). Move through the testing and live recording process the same way you did for your first video. Repeat this process if needed for a 3<sup>rd</sup> attempt. Note: If you choose to delete your second attempt recording, your third attempt is **final** and will be automatically submitted.

**Again, upon completion of your third attempt you will not have the option to delete the video—it will be automatically submitted, and you will not be able to retract it.**

Once you have completed your video essay, you will see a confirmation message (see below). Click “Continue” and it will bring you back to your portal.

## VIDEO ESSAY

We have successfully received your video submission.



Continue